

Newsletter Summer 2019



The DREAM Centre is Almost Ready



Thanks to the generosity of our wonderful donors, building work to replace our ageing assembly hall with a modern, purpose built indoor activity and performance centre, is now complete!

We received the keys from our builders, Sunninghill, in July and are now working with partner organisations who will be working to install the Audio Visual equipment that will transform the new centre into a state-of-the-art sports, drama and multi-sensory immersive experience space. The innovative centre has been specially designed for the young people at Chailey Heritage Foundation who have complex disabilities and health needs.

The DREAM Centre will be open in time for the start of the autumn school term and will be available for all the young people who use our services.



Site Manager Gary hands over keys to Chief Executive Helen Hewitt

New Vehicle Rolls In

Thanks to your generous donations, we have been able to purchase a new wheelchair-accessible vehicle. It is already being put to good use by young people with complex disabilities, like Holly.

Holly (pictured right), who has complex disabilities, is hearing impaired, and has been using the wheelchair accessible vehicle to go to regular get-togethers with other people with hearing impairments and to attend her work experience placement in a charity shop.

We were able to purchase the new vehicle thanks to individuals, charitable trusts and community groups who all generously donated. Thank you!



Holly off on another adventure in the vehicle!

What's Happening In Riding?



The team helping Jack to ride



Ellie beaming during riding session

The Riding Team has had a very busy and enjoyable summer, occasionally hampered by the odd rainy day. The team still managed to run the vast majority of sessions thanks to our dedicated team of volunteers and ponies.

When the young people are riding, the team use different activities to help achieve different goals. You will often see the team collecting beanbags and putting them into upside down cones. Imagine how difficult you might find this if you can't control your arm movement and every time the horse starts to walk it throws your body backwards. Then when it stops it throws your body forwards. Imagine you're asked to choose a colour beanbag using any method of communication that you have, find the matching colour cone and use your voice to stop the pony. This, along with the extra distractions from being outside, is a huge amount of work for someone with a complex physical disability!

We rely on voluntary donations to run our Therapeutic Riding and need at least three volunteers to run each session. The Hippotherapists guide our volunteers in how to support the young people so that they feel safe and confident whilst still being challenged during their session. There is a big difference between supporting someone at their shoulders to just holding their ankles and we are always aiming to progress our young people to the next level of independence with their riding.

We are so very grateful to all our wonderful volunteers and would like to say a big thank you for your support, as without you, we wouldn't be able to run all the sessions that we do.

In the last few months, we started using a new supporting block that was designed by our team in conjunction with the Rehabilitation Engineering department at Chailey Clinical Services. This has really made a difference to some of the riders who can now sit far more independently.

The team is looking forward to welcoming our Hippotherapist Ella back from maternity leave after the summer holidays when we will be increasing our sessions to enable even more young people to benefit from this unique therapy.

You Could Be Part of the Riding Team

You could help by volunteering as part of the Riding Team. Available during the week and interested to find out more? Visit www.chf.org.uk/riding or call **01825 724 444 ext. 709**.

Ofsted Outstanding!

Chailey Heritage School has been rated as 'Outstanding' for the fourth time running by Ofsted.

Praising the "strong senior leadership team and staff that are dedicated and skilful", the report goes on to talk about how the teams "put into practice every day a passionate belief that all pupils should access rich and meaningful opportunities at school, no matter how complex their learning and health needs."

Helen Hewitt, Chief Executive of Chailey Heritage Foundation, commented:

"We are absolutely delighted that the School has achieved 'Outstanding' again in their Ofsted report as this not only acknowledges the amazing job the whole team does daily, but it shows how we are at the forefront, a pioneer in the specialist educational sector. The ultimate accolade came from the parents of the pupils who fed back to Ofsted that the team are 'life changing' to their children."

LSC Gym Gets Accreditation

Following on from the success of the school, the gym in the Life Skills Centre has been given an Inclusive Fitness Initiative Accreditation. The gym was awarded at the highest possible level – excellent.

The Inclusive Fitness Initiative was established to support leisure centres to become more welcoming and accessible environments for people with disabilities. With only 17 Inclusive Fitness Initiative accredited gyms in the South East, we're thrilled to deliver such high standards to the young adults who use the gym.

To book your session in the gym, please contact futureslifeskills@chf.org.uk or **01825 723 723**.



Proud to be an Outstanding school

Chailey Games



Training hard for the games

The first Chailey Games are taking place this summer! Come along on the 15th August to cheer on young people competing in disability sport.

The young people will be taking part in new age kurling, Boccia, table cricket, boxing and weight lifting. Everyone is welcome to watch the competition, so do come along and support.

For more information, please call **01825 723 723** or email futureslifeskills@chf.org.uk.



Cup winners celebrate and take in the glory!

Julie Hodder Cup

Congratulations to the young people from Chailey Heritage School who came 1st and 2nd in the Julie Hodder Cup!

The Julie Hodder Cup is an annual wheelchair football competition in memory of Julie, who was a teacher at Chailey Heritage School. The competition is put on by Julie's brother Steve Darby and Albion in the Community.

All the young people had a great time bashing the ball about. They were thrilled with their medals and the winning cup.

Companies Donate Their Time

At Chailey Heritage Foundation we rely on volunteers to help with jobs around the site and this summer has seen business teams roll up their sleeves to help out!

In June, UK Power Networks joined us to help with varnishing our storage sheds for the trikes used by young people. They also brightened up a hygiene room with a fresh lick of paint.

Then in July, Simmons Gainsford kindly donated their time to paint some out-buildings. They also helped with some garden maintenance on Patchwork Farm.



Team from Simmons Gainsford enjoying painting



UK Power Networks varnishing the storage sheds

From volunteering to raising funds at work, or even choosing us as your charity of the year, there are many ways that we work on partnership with local businesses.

If you would like to know more, email fundraising@chf.org.uk or call **01825 724 752**.

What's Going on at Patchwork Farm?

Barcombe Estate have kindly loaned two lovely lambs to Patchwork Farm. The young people are very excited by the lambs and have been visiting to bottle feed them. The lambs have opened opportunities for the young people to carry out new levels of animal care as well as different sensory experiences. Thank you Barcombe Estate.



Focus 10k - a Runaway Success



Runners excited to get going



And off they go!

Returning for its 2nd year, the Focus 10k was a great success on 2nd June. Over 600 runners took on either the 10k, 5k or Mini Mile at Borde Hill Garden.

With food and drink on sale, a face painter and circus activities in the race village, there was plenty to keep people smiling.

Well done and thank you to everyone who took part and raised sponsorship. To date, you have raised over £12,000!

All funds raised will help us buy a new adapted minibus, enabling young people with complex disabilities to travel to inclusive sporting tournaments, go on educational trips and much more.

You can already sign up for next year's Focus 10k! Get your tickets at a discounted price (limited numbers) at www.focus10k.com.



The atmosphere was great with runners smiling the whole day

Partnering With Young People

We'd like to give a special mention to local school, Hurstpierpoint College, who have generously supported us over the last few months. Over Easter, staff and students collected nearly 200 Easter eggs and came in to give them to the young people. They also rallied a number of volunteers for the Focus 10K where they took part as marshals on the course and were complemented for their enthusiastic cheering on of runners. Thank you Hurstpierpoint College.

Want to get your school involved? Email fundraising@chf.org.uk or call **01825 724 752** for a chat.



Thanks Hurst! The eggs didn't last very long...

The Big Chailey Picnic

With summer well and truly upon us and the school holidays starting, now is the perfect time to hold your Big Chailey Picnic. Set a date with your friends, organise the day and enjoy time together whilst raising funds for young people with complex disabilities.

Children from Chailey Heritage School got in on the action earlier this summer by holding their picnic at Sheffield Park.



Staff and students enjoying the sunshine

To help you get started, you can download a whole basket full of things online at www.thebigchaileypicnic.org.uk. There you will find fundraising tips, invitations and bunting to name a few!

Prefer to get your picnic pack in the post? Not a worry! Let the fundraising team know by email to fundraising@chf.org.uk or call **01825 724 752** and we'll send you a pack in the post.



A picnic is a great excuse to get outdoors with loved ones

Make a Will Fortnight

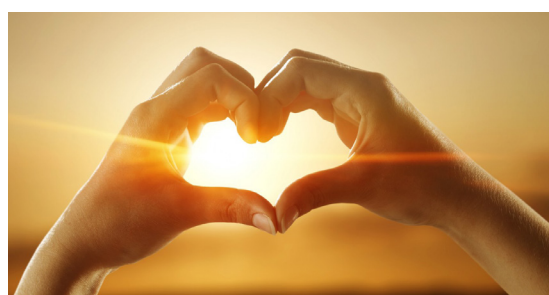


Have you been putting off writing your Will? If so, you aren't alone, as more than half of UK adults haven't got round to it. However, making a Will gives you peace of mind that your wishes will be respected.

During our Make a Will Fortnight, from 9th-20th September, you can make your Will with a participating solicitor in Sussex and Kent who will be generously waiving their fees. Instead, all we ask is that you consider making a donation to Chailey Heritage Foundation.

For more details, and a full list of participating solicitors, email fundraising@chf.org.uk or call **01825 724 752**.

Leave a Lasting Gift



Including Chailey Heritage Foundation in your Will is a great way to ensure children and young people with complex disabilities continue to pursue their potential.

If you would like to have a chat about this unique way of giving, please contact Jenna Durdle on **01825 724 752** or email jdurdle@chf.org.uk. You can also find out more by visiting www.chf.org.uk/gifts-in-wills.

Upcoming Fundraising Events

14th Sept 2019	Ride+Stride Walk or bike between churches. St. Martin's Chapel on site at Chailey Heritage Foundation will be open 10am-4pm. Listen to a talk by local author about the chapel and the charity while here.
15th Sept 2019	Baroque Collective Singers Concert Join us for a concert by The Baroque Collective Singers, conducted by John Hancorn, in the historic St Martin's Chapel at Chailey Heritage Foundation. Tickets £20.
22nd Sept 2019	Classics in Town Appreciate classic cars in Burgess Hill town centre. Chailey Heritage Foundation has once again been chosen as the beneficiary charity.
19th-28th Dec 2019	Peter Pan Pantomime You won't want to miss out on this magical pantomime at the Hilton Brighton Metropole. Chailey Heritage Foundation and Great Ormond Street Hospital are the chosen charities.

Want to know more about any of the above events? Visit www.chf.org.uk/event-calendar, call **01825 724 752** or email fundraising@chf.org.uk.

Volunteer Registration Form

Volunteering is a great way for you to gain new skills, use your spare time and meet new people. Register your interest to help us in the near future!

Title First Name Surname

Email Telephone

I am interested in volunteering with:

Fundraising events	<input type="checkbox"/>	Patchwork Farm	<input type="checkbox"/>
Talks and presentations	<input type="checkbox"/>	Riding	<input type="checkbox"/>
Bucket collections	<input type="checkbox"/>	Driving the young people	<input type="checkbox"/>

I would like to opt in to receiving news about the work of Chailey Heritage Foundation, including your fundraising activities, events and how my support is helping the young people:

By Post By Email

The privacy and security of your personal data is extremely important to us. Please see our privacy policy (www.chf.org.uk/Fundraising_Privacy_Policy.pdf) on how we use and store your personal data. We will process your data in accordance with the General Data Protection Regulation (GDPR) and will never sell your data. We will always store your personal details securely and will only communicate with you in the way that you have requested. You are welcome to unsubscribe at any time by contacting the Fundraising Office on **01825 724 752** or by email to fundraising@chf.org.uk. You can also update your preferences by visiting www.chf.org.uk/keeping-in-touch.



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