

Newsletter Spring 2019



D.R.E.A.M. Centre Appeal Update



Our much anticipated D.R.E.A.M. Centre is nearly a reality with the 'topping out' ceremony taking place on-site in early March. The building work is nearing completion and the new

centre is taking shape very nicely. In May, the fit-out of the Audio Visual equipment takes place, and then we will really be able to see how the stage and the four-dimensional immersive space will work. A huge thank you to everyone who has helped make the dream a reality.



We are hoping that the D.R.E.A.M. Centre will be open for the young people at Chailey Heritage Foundation before the end of the summer term.

Minibus Appeal

We urgently need to buy a new minibus which is wheelchair accessible to replace one which is coming to the end of its useful life. Because of our rural location, the young people depend on the minibuses to enjoy days out and attend sporting competitions.

Our pupils enjoy taking part in sport at school and competitively, which has enormous benefits both physically and emotionally. The minibuses enable Ellie and her classmates (see right) the opportunity to enter several off-site sporting competitions and compete as a team.

A new, specially adapted minibus costs £40,000 and we are busy raising the funds to buy a new one. If you would like to support us, you can do so by visiting www.chf.org.uk/minibus, or by using the cut out section at the back of this newsletter.



Ellie, Holly and Keelie at a Boccia competition

Making Music with Veg

Back in March, four students from Hanbury department at Chailey Heritage School and four students from Chailey School came together. The students worked in pairs and made music using fruit and vegetables.

Each vegetable was hooked up to the computer to make the sound of a specific instrument e.g. the apple made a piano sound. When a young person touched the vegetable, the electrical current from their skin went through to the computer and music was made!



We had Francesca on the watermelon, Amelia rocking the lemon, Betty grooving on the melon and Keelie zapping the apple.

The experimental music piece was great fun and it was lovely to see the students from both schools enjoying working together.

Cricket Competition

On Tuesday 12th February 2019 we took a team of six players to the Lord's Taverners Sussex County table cricket competition 2019. Our team competed against six other schools and in total scored just over 200 runs plus 20 wickets. Well done Team Chailey!



The Hub Open Days



On the 30th May and 27th July, we are hosting Open Days at Futures Hub - our modern and vibrant day provision for adults aged 16+ with complex physical disabilities. All are welcome and you will have the opportunity to find out about the support we offer, participate in some of our popular activities including sensory yoga and cooking, as well as having the chance to meet the animals on our therapeutic farm.

For more info, call **01825 723 723** or email **futureshub@chf.org.uk**.

What's Happening In Riding?



Therapeutic Horse Riding at Chailey Heritage Foundation is a very valuable addition to the school curriculum, but we are completely reliant on voluntary income to support it. The team consists of three Chartered Physiotherapists and five other staff who offer specialist riding sessions, along with sensory options for those who don't ride. After school sessions are also very popular. We currently have two lovely ponies, Millie and Todd, to support the team.

Hippotherapy is a type of physiotherapy treatment where the movement of the horse is used to provide therapy for the child or young person. We position the rider on the horse in a way that's appropriate to their needs. The tasks we ask them to do will challenge their postural muscles, head control and fine motor control of arms and hands. Alongside the physical therapy, we also incorporate Occupational Therapy, Speech and Language Therapy and classroom targets. We also offer pupils the multi-sensory opportunity to handle the ponies as well as learning about their care.

The team is always keen to add to their experience and skill set and ensure that they are up-to-speed with the latest training and ideas. In the last six months, members of the team have been to the New Forest, Prague and Leeds to keep up-to-date with the latest techniques, research and to promote this fantastic form of therapy.

Sessions run every day of the school week - three school sessions on a Tuesday, Thursday and Friday as well as three after school sessions on Mondays, Tuesdays and Wednesdays. This means we are able to offer 36 riders the chance to benefit from Hippotherapy and Therapeutic Riding.

If you want to support our riding provision, please visit www.chf.org.uk/riding.



Join the Riding Team

Every riding session is very dependent upon volunteers to lead and side walk. We are currently looking for five more volunteers to work alongside our riding team. If you're interested, please visit www.chf.org.uk/vacancies to find out more. We offer comprehensive training, support and are a friendly team!

One of our newest volunteers, Hilary says: "As a new riding volunteer, I am really enjoying helping out – and the response from the children to their riding sessions certainly makes it all worthwhile. I am really impressed with both the facilities offered and the commitment of all staff and volunteers."

If you're inspired to volunteer as part of the Riding Team, please call **01825 724 444 ext. 709**.

Latest Arrivals on the Farm

We recently welcomed new additions to Patchwork Farm, with three tortoises arriving at their new home.

Having been in hibernation over the winter, the tortoises are now awake and are quickly becoming a hit with the young people. The arrival of the tortoises mean that we are able to provide more sensory and educational experiences for the young people.



Patchwork Farm On Tour

Patchwork Farm is back on tour this summer! Come and meet us at these county shows to learn more about our therapeutic care farm:

25th May 2019 - Heathfield Agricultural Show
Enjoy the diversity of Heathfield with its landscape, crafts, food and country ways.

1st June - Wild About Mid Sussex
Taking place in Burgess Hill, this is an opportunity to get up close with wildlife.

6th-8th June - South of England Show
Take part in a weekend celebrating British agriculture, horticulture, farming and countryside activities.

We'll be at all of these events with some of the animals from Patchwork Farm.



Not only will you be able to meet some of our cute and cuddly animals at these events; you will also be able to take home a gift when you sign up for our animal sponsorship programme. Hand made by a local supporter, you can choose from a selection of wooden farm animals including chicken, sheep and many more.

If you can't attend the events and don't want to miss out on this offer, please contact the fundraising team to sign up and sponsor one of our animals and we'll send you one of the beautiful, handmade wooden toys.



Lend a Hand on the Farm

We're currently looking for an enthusiastic volunteer with a keen interest in farm animals and who likes being outdoors to help out on the farm. Tasks will include preparing feed for the animals, maintaining enclosures and assisting educational sessions for our young people, to name a few.

To find out more visit www.chf.org.uk/vacancies, email hr@chf.org.uk or call **01825 724 444 ext. 709**.

Fundraising Success



A huge well done and big thank you to our amazing runners who supported Chailey Heritage Foundation by taking part in the Brighton Half Marathon in February and the Brighton Marathon in April. Eighteen people took part in the challenges, raising over £5,000 in total, with funds still coming in.

The money raised will go towards purchasing a new minibus so we can take our young people off-site, enabling new experiences and greater independence.

Farewell to Joan



In March, we sadly said farewell to our Community & Events Fundraiser, Joan Martin who has left to enjoy her retirement. Joan first became involved with Chailey as a parent, before becoming a Parent Governor, then a volunteer and finally a valued member of the Fundraising team. Having been part of the charity for so many years, Joan has touched the lives of many staff, parents/carers and young people at Chailey. We will all miss her!

We are delighted however to welcome Joy Dyson as our new Community & Events Fundraiser. She is looking forward to getting to know our brilliant team of fundraising volunteers and spreading the word about the good work done at Chailey. If you have a great fundraising idea, or would like to chat informally to Joy about volunteering at our fundraising events, email fundraising@chf.org.uk or call **01825 724 752**.

Leave a Lasting Gift

Did you know that 35% of people say they would like to leave a gift in their Will to a charity, but only 7% do? Including a charity in your Will can be as simple as completing a codicil or writing a letter of wishes.

If you would like to discuss with us this unique way of giving, please contact Jenna Durdle on **01825 724 752** or email jdurdle@chf.org.uk. You can also visit www.chf.org.uk/gifts-in-wills.

Chailey Heritage Foundation presents

focus 10K
at Borde Hill Garden

Sunday 2nd June 2019

Every pound raised goes directly to supporting children and young people with complex disabilities

www.focus10k.com

- 10K
- 5K
- Mini Mile
- Team Relay

Headline sponsor

Chailey Heritage Foundation
 pursuing potential
 Registered Charity No. 1075837

Introducing You to Duncan



Duncan Harrap is one of our valued Teaching Assistants, working in one of our school departments, St Martin's, which supports children up to the age of around 10.

Duncan, you joined Chailey Heritage Foundation as a Teaching Assistant two years ago. What did you do before that?

I was a PE teacher for 17 years, but that changed when I had a stroke in 2012. I had to have a lot of Physio and Occupational Therapy after that. I spent a long time learning how to walk and use my left arm again.

What helped you decide to join Chailey Heritage Foundation two years ago?

Given my background as a PE teacher, and then as a Personal Trainer for people who, like me, had acquired brain injuries, I started researching where I could apply my skills and life experience. I know how frustrating it can be for people who need help in their daily lives, as I've been there.

Could you tell us what your role involves?

I mostly work with one child who has a multi-sensory impairment and has a rare syndrome that affects his development. I help him with his education, help him learn to feed himself and support his general wellbeing. I also spend one day a week supporting children with sports and other physical activities.

You're taking part in the Greater Brighton Cycle Challenge this year. Why?

I'm still a very competitive person. I have a recumbent trike with an electric assist, which I bought after my stroke as I couldn't use a regular bike. When I heard about the cycling challenge, I thought it would be a good opportunity to take part. Plus, it's worth it because it will raise money for young people at Chailey Heritage Foundation. I had a lot of support from friends when I was in hospital, so this is my turn to do something for others.

Are you feeling ready?

It's going to be challenging. I go to a neuro fitness class once a week, but I haven't started training on my bike yet. I'm excited though – it'll be tough but fun!

How can people sponsor you?

They can sponsor me online at www.justgiving.com/fundraising/Duncan-Harrap.

Join Team Chailey

The Greater Brighton Cycle Challenge takes place on Sunday 19th May and includes two 30 mile routes and a 60 mile route, with a cheering point and refreshment stop at GK's Café at Chailey Heritage Foundation. The café will be open for all, so encourage your friends and family to meet here on the day to cheer you on.

Find out more and sign up for the Greater Brighton Challenge at www.chf.org.uk/bikeride.



Upcoming Fundraising Events

19th May 2019	Greater Brighton Cycle Challenge Take on a 30 or 60 mile route, starting in Brighton and taking you across the Living Coast.
2nd June 2019	Focus 10K Our annual running event is back at Borde Hill Garden. A race for all the family as you can choose from a 5K, 10K, Team Relay or Mini Mile.
7th June 2019	Golf Day Hattons at Royal Tunbridge Wells and Tiger Recruitment are holding their inaugural charity golf day in support of Chailey Heritage Foundation.
22nd June 2019	Midsummer Ball Bring your friends to a fabulous evening of entertainment and dancing with this year's theme, 'Le Cabaret de Paris'.
13th July 2019	Sussex Gin Fest Held at Borde Hill Garden, this outdoor festival in aid of Chailey Heritage Foundation is a celebration of local gins and artisan food.

To find out more about any of the above events, visit www.chf.org.uk/event-calendar or contact the Fundraising Team by email to fundraising@chf.org.uk or call **01825 724 752**.

Support Our Minibus Appeal

If you've been inspired to support our Minibus Appeal, please complete this form and return to Chailey Heritage Foundation at the address below.

Title	<input type="text"/>	First Name	<input type="text"/>	Surname	<input type="text"/>
Address	<input type="text"/>				
	<input type="text"/>	Postcode	<input type="text"/>		
Email	<input type="text"/>	Telephone	<input type="text"/>		

Please donate by cheque (payable to Chailey Heritage Foundation) or by bank transfer. Details as follows:

Account number: 10953396

Sort code: 60-10-26

I would like to opt in to receiving news about the work of Chailey Heritage Foundation, including your fundraising activities, events and how my support is helping the young people:

By Post

By Email

The privacy and security of your personal data is extremely important to us. Please see our privacy policy (www.chf.org.uk/Fundraising_Privacy_Policy.pdf) on how we use and store your personal data. We will process your data in accordance with the General Data Protection Regulation (GDPR) and will never sell your data. We will always store your personal details securely and will only communicate with you in the way that you have requested. You are welcome to unsubscribe at any time by contacting the Fundraising Office on **01825 724 752** or by email to fundraising@chf.org.uk. You can also update your preferences by visiting www.chf.org.uk/keeping-in-touch.

If your donation reaches us after we have completed the minibus appeal, your funds will be allocated to an alternative project where we have the greatest need.



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Registered Charity 1075837 and Company limited by Guarantee 3769775 (England).

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