

Title:	SEX AND RELATIONSHIP EDUCATION
Type:	POLICY
Policy Group:	SAFEGUARDING
For:	CHAILEY HERITAGE SCHOOL AND CHAILEY HERITAGE RESIDENTIAL

Lead:	Helen Dunman	Role:	PSHE and Citizenship Co-ordinator
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Agreed by:	Safeguarding & Wellbeing	Signature:	Signed on original
Date:	16 th May 2016	Name:	Peter Griffiths
Agreed by:	Board of Governors	Signature:	Signed on original
Date:	11 th July 2016	Name:	Dr Elizabeth Green

Review Frequency:	3 years
Next Review Process to Start:	Summer 2019
This Policy remains valid during the review process	

LINKED DOCUMENTS:
<p>DfE Sex & Relationship Education Guidance Children's Homes Regulations and Quality Standards 2015 CQC Fundamental Standards Equality & Diversity Policy Document -All Policies, Procedures, Guidelines, Protocols for Chailey Heritage Foundation</p>

SEX AND RELATIONSHIPS EDUCATION POLICY

1. INTRODUCTION

- 1.1 In the context of this Policy, references to Chailey Heritage School includes day and residential.
- 1.2 Chailey Heritage School is aware of its duty to provide Sex and Relationship Education for students with a wide range of physical and associated disabilities, including varying degrees of learning difficulties, speech & language and sensory impairment.
- 1.3 The School adopts an open and positive attitude to the students' physical and emotional development. Every student is valued as an individual and actively encouraged to develop a positive self-image. The mandatory elements of National Curriculum Sex Education up to the age of sixteen are delivered within the wider PSHE&C curriculum by means appropriate to students' levels of understanding, and are clearly documented. The inevitable anxieties associated with puberty and sexual development are recognised and addressed by Chailey Heritage School in a sensitive, informative and positive way, in consultation with parents. Staff are provided with clear guidelines, and students protected from inappropriate instruction or behaviour.

2. KEY PRINCIPLES

- 2.1 Chailey Heritage School's Sex and Relationships Education Policy should be read in conjunction with the following documents:
 - 2.1.1 DfE Sex & Relationship Education Guidance
 - 2.1.2 Equality & Diversity Policy Document
- 2.2 The mandatory, or compulsory elements of sex education relate to the Education Act 1996 and to the Learning & Skills Act 2000 – which require all students in Primary or Secondary school departments up to the age of sixteen to be instructed in the biological aspects of gender, puberty and sexual reproduction, and to be made aware of the nature of marriage and its importance to family life. At Secondary level, they may also be expected to learn about fertility treatments and sexually transmitted diseases.

- 2.3 Additionally, it is the policy of the School to support students through puberty and adolescence with clear information about the physical and emotional changes they are experiencing, assurances of their normality, encouragement to regard their developing bodies positively, support for appropriate relationships, guidance on socially acceptable and unacceptable behaviour and on keeping safe.
- 2.4 Chailey Heritage School recognises the benefit of ongoing consultation with parents and governors, to ensure an effective and appropriate delivery of Sex and Relationship Education within the curriculum. Parents will be informed on a regular basis of their statutory right to withdraw individual students from all but the mandatory elements of National Curriculum Sex Education up to the age of sixteen, if they so wish. The School will continue to inform and consult parents on lesson and discussion plans involving sex, relationships and other related topics for students over sixteen – although for this older age group the young adult's own consent to wider consultation must be secured where possible.

3. AIMS

- 3.1 The aims of the Sex and Relationship Education programme at Chailey Heritage School are to:
- 3.1.1 support students through their physical, emotional and moral development
 - 3.1.2 encourage a positive self-image, ~~and~~ raise confidence and empower students
 - 3.1.3 emphasise the normality of sexual feelings and behaviour
 - 3.1.4 promote healthy and appropriate relationships
 - 3.1.5 establish patterns of socially acceptable behaviour
 - 3.1.6 keep the students safe.

4. IMPLEMENTATION

- 4.1 Sex and Relationships Education at Chailey Heritage School will be delivered clearly, positively and sensitively, as appropriate to the age and maturity of students. In St Martin's, Seymour and Hanbury it will be taught within the framework of Personal Social and Health Education & Citizenship. Teachers will be supported by the PSHE&C Coordination Team, and attend training courses as necessary.
- 4.2 The following core areas will be taught in St Martin's:
- 4.2.1 self-awareness, confidence and a positive self-image
 - 4.2.2 gender awareness, identifying and naming body parts
 - 4.2.3 understanding and coping with feelings
 - 4.2.4 relating to others, family, adults and peers
 - 4.2.5 making personal choices, saying yes and no
 - 4.2.6 personal health and hygiene
 - 4.2.7 concepts of privacy and private parts.

- 4.3 The above are to be developed and reinforced in Seymour and expanded, where appropriate, to cover:
- 4.3.1 puberty, menstruation, physical and emotional changes
 - 4.3.2 private parts, sexual feelings and masturbation
 - 4.3.3 sexual intercourse, pregnancy, birth and babies
 - 4.3.4 contraception and fertility treatments
 - 4.3.5 sexually transmitted diseases and safe sex
 - 4.3.6 friendships, relationships and the right to say 'No'
 - 4.3.7 sexual orientation
 - 4.3.8 appropriate and inappropriate touch.
- 4.4 For Hanbury students, further education and discussion will include:
- 4.4.1 developing relationships
 - 4.4.2 sexual intimacy
 - 4.4.3 adult choices
 - 4.4.4 sexual orientation
 - 4.4.5 issues associated with sexuality and disability
 - 4.4.6 recognising abusive behaviour in others and developing strategies for dealing with this
 - 4.4.7 learning to feel empowered regarding his/her body and decisions/choices relating to his/her body.
- 4.5 Additionally, Sex and Relationship education within the Residential Bungalows is to be related to and coordinated with individual students' classwork, as appropriate to their age and development.

5. RESOURCES

- 5.1 A wide range of resources are available to all departments of Chailey Heritage School, including literature, DVDs, illustrations and diagrams, and anatomically correct dolls. These will be supplemented and updated as necessary.

6. MONITORING

- 6.1 The Chailey Heritage School Sex and Relationship Education Policy will be reviewed on a regular basis by the PSHE&C Co-ordinator and School Management teams.