

January 2017

WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Chicken Tikka Masala	Salmon & Broccoli Bake	Roast Chicken with Roast Potatoes & Gravy	Minced Beef & Dumplings with Diced Potatoes	Fish & Chips
Alternative	Jacket Potato & Cheese	Cheese & Tomato Pasta	Cauliflower & Broccoli Cheese	Bean Chilli & Rice	Vegetable Hotpot
Vegetables	Baked Beans	Rainbow Vegetables	Carrots	Vegetable Laces	Baked Beans
Desserts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts

WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Beef Bolognese	Chicken Korma & Rice	Roast Turkey with Roast Potatoes & Gravy	Sausages & Mashed Potatoes	Fish & Chips
	Vegetable Shepherd's Pie	Omelette & Chips (Seymour & Hanbury) Macaroni Cheese (St Martins)	Cauliflower & Broccoli Cheese	Beany Pasta	Butternut & Chickpea Curry
Vegetables	Vegetable Laces	Carrots	Winter Vegetables	Garden Peas	Baked Beans
Desserts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts

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WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Minced Beef & Dumplings with Diced Potatoes	Turkey Meatballs	Roast Beef with Roast Potatoes & Gravy	Chicken Tikka Masala & Rice	Fish & Chips
Alternative	Macaroni Cheese	Baked Potato & Cheese	Ham & Sweetcorn Pasta	Quorn Sausage with Roast Potatoes	Vegetarian Pasta Bolognese
Vegetables	Winter Vegetables	Baked Beans	Carrots	Rainbow Vegetables	Baked Beans
Desserts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts	Selection of desserts served daily including fresh fruit & yoghurts