



To all parents of children and young people at Chailey Heritage School and Futures

Please come to a Coffee morning on

Thursday 29th November 10am-12pm Obermer 1

A new way of describing food and drink textures at Chailey Heritage Foundation



The International Dysphagia Diet Standardisation Initiative (IDDSI) has published new international standardised terminology and definitions for texture modified foods and thickened liquids for people with dysphagia (eating and drinking difficulties), with the aim to improve safety and efficiency and to reduce risk.

At Chailey Clinical we are going to be adopting this new framework from January to enable us to describe the food and drink textures that the children and young people require. This is a new way of describing textures. The food and drink textures that a child or young person receives will not alter.

During December the Speech and Language Therapists are going to be updating the Eating and Drinking Recommendation sheets in use at Chailey Heritage Foundation using the new terminology. Prior to this they will be providing training for key people who work with the children and young people.

At the coffee morning Katherine Buckeridge, Speech and Language Therapist at Chailey Clinical will be providing some background information on the IDDSI, explaining the new framework and how this will be implemented at Chailey Heritage Foundation.

Further information on the IDDSI can be found at http://iddsi.org/

Please let Denise Howard know if you are able to attend (<u>denise.howard2@nhs.net</u> 01825 724736)