

Futures Life Skills Centre Games Sessions



Our popular Games sessions are a fun, relaxed, competitive environment for all. The Games are adapted so everyone can participate. The sessions are also a great way of socialising with others, and developing communication and Co-ordination skills.

Weekly Timetable

Monday
10-11am – Boccia
Tuesday
2.30-3.30pm - Mixed Games
Wednesday
10-11am Table Cricket
3-4pm - New Age Kurling
Thursday
10.45-11.30am – Skittles
Friday
12.30-1.30 – Table Cricket
2-3pm Wheelchair Football

£12.50 per session



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