

# Welcome to Chailey Heritage Futures





## Introducing Chailey Heritage Futures

Chailey Heritage Futures is a residential service provision for young adults with complex disabilities and health needs.

We know how important it is for young adults, whatever their abilities, to explore their capabilities and pave a way forward for the future.

Our emphasis is therefore on growing and optimising the power of potential - be it small steps or gigantic leaps!

Our services are unique and tailor-made for the young adults in our care.

We pride ourselves on providing personalised informal learning opportunities and access to incredible facilities and technologies as well as a homely and caring residential environment.

So, if you are looking for somewhere to call home and access a wide range of enriching activities, we would love to hear from you!





## Livvy's transition into adulthood

When the opportunity arose for Livvy to become a full-time resident in the Futures residential bungalows, the family faced the difficult decision to let her go as, with her complex needs and vulnerability, trust played a huge role in the decision process.

Amanda, Livvy's mum, explains "For us, it was about realising that it was in Livvy's best interests because at Chailey Heritage Foundation she has such a full timetable of activities, accessing everything the LSC (Leisure & Skills Centre) has to offer, as well as going for trips off-site. She's engaged, stimulated, and leading such a rich quality of life.

Chailey Heritage Foundation has been an absolute lifeline and gone beyond our expectations."

Amanda says the fact that Chailey Heritage never gives up on young people, supplying specialist input at every stage, which is bespoke to Livvy's needs, means that she is thriving. "She just looks so well; it is truly wonderful to see."

Kelly, who supports Livvy says, "Livvy has transitioned so well and absolutely loves all the activities the LSC has to offer, especially cooking, art, drama and swimming, but her favourite is definitely music!"



## Why Chailey Heritage Futures?

Leaving school or college and moving into adult life can be both an exciting and challenging time for young people and their families, with lots of changes and choices to be made about the future.

At Futures, we provide a homely, relaxed and safe

environment in our residential bungalows, where young adults with complex needs, aged between 19 to 25 years old, can live and grow together.

We offer bespoke packages of care and health support to meet the individual needs of each young adult.

### In Short:

- For young adults (aged up to 25) with complex needs
- A fun and dynamic environment
- An emphasis on growth for the future
- Warm, supportive and caring environment

## Life is for Living

Chailey Heritage Futures is a thriving community where young adults live with others who are close in age and share similar interests.

Exploring the outside world and making new friends plays an important part in

developing socially.

Futures offers young adults extra time to grow and develop, both socially and emotionally. With the right support and encouragement, they begin to make their own decisions about their future.

*"People's needs were assessed before coming to live at the home to ensure that staff were able to meet their needs. Assessments were holistic and comprehensive and covered all aspects of people's lives including their cultural background, life history and religious needs and beliefs."*

**CQC Inspector**



## Experts in disability and complex health needs

Our highly skilled and dedicated staff, with support from our NHS partners, are experts at maximising the wellbeing of those living with us.

The unique on-site partnership between Chailey Heritage Foundation and Chailey Clinical Services, part of the Sussex

Community NHS Foundation Trust, puts a wide range of highly specialised services on the doorstep of Futures residential bungalows.

These include on-call only nurses, speech and language therapists, physiotherapists, occupational therapists and rehabilitation engineers.

### What Sets Us Apart:

- Highly skilled and dedicated staff
- Over 120 years of expertise
- On-site NHS Clinical support
- 24/7 NHS Nursing

## Informal learning and wellbeing

Our residential bungalows offer a diverse range of activities for the residents to participate in, including a fully accessible garden for outdoor games and activities and indoors sensory areas for therapy and relaxation.

We are also proud to offer eye-gaze technology in our bungalows. Eye-gaze is an eye-driven communication device where a user controls

a computer through eye tracking. This has been a real game changer for many of our residents with communication difficulties and it can be a gateway to further independence and can also enrich lives.

Furthermore, our residents can also access our modern on-site facilities such as the Leisure & Skills Centre (LSC) with its fully accessible gym and spa,

the hydrotherapy pool and the immersive space and sports hall of the Dream Centre, as well as art, music sessions and more!

We are constantly amazed at the diverse range of enriching activities young adults choose to participate in, both on-site and off-site.

*"Staff respect the nature and character of each of the residents, they're all looked at as individuals and they're cared for as individuals, they will allow them to risk take and to develop their independence so that they are given the space and the time and the ability to do what they want to do."*

**Parent**

## Providing stimulating activities and enabling life choices

Our dedicated Activity Coordinator for Futures plans weekly timetables around therapy and appointments to incorporate use of the on-site activities and outings in the community and further afield.

The young persons' interests and preferences are taken into consideration as well as being offered new opportunities and experiences like silent discos, concerts or trips to London!

We also give our residents

a chance to be active in the community. This helps give them a different perspective on life; this can include volunteering, fundraising or even work experience.

Our links with several local colleges enables young adults to continue their learning journey.

Through many rich and diverse life experiences, young adults living with us are able to discover who they are and what they really enjoy doing.

### State of the art facilities and services:

- Rebound therapy
- Immersive art or sports sessions
- Games in the Dream Centre hall (Boccia, football, skittles)
- Hydrotherapy pool
- Inclusive fitness accredited gym
- Spa facilities



## Choosing Us

Chailey Heritage Foundation is a pioneering charity providing, care, education, and transition services for young people with complex physical disabilities and health needs.

At Futures, we provide a stepping stone from school or college into adult life for young adults up to the age of 25 years old.

We would be delighted to hear from you and provide you with more information about our services and packages.



## Next steps...

**To book an informal visit please get in touch:**

**t: 01825 724 444**

**e: [office@chf.org.uk](mailto:office@chf.org.uk)**

**[www.chf.org.uk/futures](http://www.chf.org.uk/futures)**



Chailey Heritage Foundation  
Haywards Heath Road  
North Chailey, Lewes  
East Sussex BN8 4EF

t: 01825 724 444  
e: [office@chf.org.uk](mailto:office@chf.org.uk)  
fb: /ChaileyHeritageFoundation  
**[www.chf.org.uk](http://www.chf.org.uk)**



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