

Fundraising Newsletter

Spring 2018



www.chf.org.uk

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D.R.E.A.M. Centre Appeal Update

We're thrilled to announce we have raised £2.8 million towards our £3.1 million target!

We have now raised the necessary funds to begin construction of the D.R.E.A.M. Centre and, following a six week tender period, we have now chosen the contractor and work will begin on site on Tuesday 3rd April.

Thank you to all those who have helped us reach this incredible milestone.

Whilst we're very excited about the construction taking place, we still need to raise an additional £300,000 for all the fantastic, bespoke equipment which will fill the centre. If you'd like to get involved with an upcoming event or if you have some other fundraiser in mind, please get in touch with the fundraising team. We'd love to hear from you.



For more information, please visit www.chf.org.uk/dreamcentre

The Big Give

Over the festive period, we took part in The Big Give Christmas Challenge, the UK's biggest online match funding campaign.

Over the course of a week, all donations made online via The Big Give website were doubled by the Hospital Saturday Fund, along with a number of local companies who pledged their support.

In total we smashed our target of £10,000 and raised a phenomenal £11,188!

After the challenge, we were asked to apply for The Awards, along with 100 other applicants.

We are delighted to have been awarded the **Raising Charity Profile Award** (see right) and a further donation of £1,000 from the Big Give.

Thank you to the Hospital Saturday Fund, Sunninghill Construction, ILG, Rudridge, Griffith Smith Farrington Webb and to everyone who helped make The Big Give Christmas Challenge a huge success!



Get Involved

There are so many ways you can make a difference. Whether you're an adrenaline seeker, a corporate donor or want to volunteer, we'd love for you to support us!

Email fundraising@chf.org.uk with your ideas.



BHAFC Match

As one of Brighton & Hove Albion FC's charity partners for this season, we had the chance to fundraise at the sold-out BHAFC v Chelsea FC match back in January.

We painted the Amex Stadium purple and with our team of volunteers, we held a bucket collection.

We also ran a penalty shootout in the Fan Zone, with the winner taking home a signed BHAFC football. The team mascot (Gully) even had a go at wheelchair football.

Despite the rain and cold, altogether we managed to raise an amazing £4,000 on the day!

As well as collecting donations, we also raised awareness of Chailey Heritage Foundation on a large scale. We had interviews with the BBC and ITV as well as a pitch side interview in the stadium at half-time.

Thank you to our team of dedicated volunteers without whom we couldn't have achieved so much. A special thank you to Alec, Vicki and Sam Harper who answered questions in front of 30,600 fans!



Players' Visit

Following on from the successes of the match day, we recently had four players visit Chailey to see the amazing work we do.

They were Jonah Ayunga and Archie Davies from the Under-23s team plus Aileen Whelan and Jenna Legg from the Women's team.

The players began the tour by being taken through the rich history of Chailey Heritage Foundation. Then they met some pupils in Seymour who were practising their power driving.

After this the players joined young people in a game of new age curling which was great fun for everyone! Finally the players visited our

accessible gym in the Life Skills Centre and saw first-hand of the perseverance of our service users.

The highlight of the tour was when they met Sam Harper, a keen Young Seagull. Sam was delighted and even signalled a thumbs up! Read more about Sam's story below.



We'd like to thank BHAFC and the players for visiting Chailey Heritage Foundation, and for their ongoing support throughout this season.



Changing Lives: Sam Harper

Like many 9 years olds, Sam loves football and playing for his school team. He's also a Young Seagull and really enjoys going to the Amex Stadium to watch Brighton play.

Unlike others, however, Sam has CDKL-5, a very rare genetic disorder which manifests in uncontrollable epilepsy. It means that Sam is severely disabled and needs one-to-one care at all times. He may have up to 30 seizures in a day and is unable to walk, talk or sit on his own.

Since joining Chailey Heritage School, Sam and his family's lives have been transformed. Before joining, Sam's mum Vicki had to put her work on hold to cater for his needs. Now she knows that he is completely safe at school and has returned to part-time work.

Previously, Sam and his family had no way of communicating with each other. Now he can express himself with a thumbs up to show that he is happy!

Volunteers & Fundraisers

We would like to say a huge thank you to all our volunteers and supporters who do so much to support us. Here are some of the highlights:

Polegate Free Church - donated £1,000

The Engineer Public House - raised £3,452 at their annual Charity Bash

Cranleigh School - held a quiz night and raised £2,000 in memory of one of our pupils

Carols on the Green - raised £271.23 and **The Crown** pub topped the total up with a further £200!

Roedean School - donated £250



East Brighton Golf Club - (above) raised £584 at their annual Christmas Raffle

Staff at Southern Water - donated more than 90 Christmas presents, one for each pupil

Cuckfield Christmas Tree Festival - raised £7,603 towards our D.R.E.A.M. Centre Appeal

Cinderella Pantomime, Brighton - (below) collections at the shows raised £1,543.42



The Reading Room Day Spa - raised £194.77 at their open evening

Grassington Rangers - raised £219 through sales of their organic eggs

Stephen Spence - donated wooden reindeer to sell, raised £129.30

Sackville School - raised £1,080.50 through a non-uniform day to our D.R.E.A.M. Centre Appeal

Simmons Gainsford - raised £216.09 from a Christmas Jumper Day

Southdown Orienteers - raised £100

Haywards Heath Sinfonietta - raised £283.72 at their annual Christmas fundraiser

Rob Bryant and his team - raised £3,564.76 at the Bo Peep Hill Climb revival

Rosemary Charles - trekked 85km through Cambodia, raising £580

Buxted Construction - donated £3,000 towards building a new field shelter for our donkeys

Crowborough Beacon Lodge - donated £1,385 towards Patchwork Farm

Telcombe Cliffs WI - collected for us throughout the year, raising a total of £90.40

Brightling Carol Singers - raised £215 by singing their way around Brightling village

Ros Black - (below) through her talks/sales of her book 'Grace Kimmins and her Chailey Heritage', she has raised £2,385 so far



Sarah Mather - raised £194.96 through her Christmas Craft Fair. Donations were used to buy presents for children who live with us all year.

Students from University of Sussex - raised £79.95 from their Christmas Jumper Day

Craig Robinson - raised £610 by running a 10K (or longer!) each month throughout 2017

Shelley Jenkins - raised £345 by completing a number of runs and obstacle courses in 2017

The Plough Inn, Rottingdean - raised £500 through their weekly raffles

Little Learners Day Nursery - raised £365.30 through ticket sales for their Nativity plays

Keepers Accountancy - raised £165.13 through their Christmas gift wrapping initiative

Chunju Sungmo (a South Korean school for the visually impaired) - donated £400 following a recent visit to our School



Ian has volunteered with Chailey Heritage Foundation for more than 25 years. Not only does he drive the minibus that takes the young people on trips, but he also regularly attends fundraising events and speaks about our work to local clubs and groups.

Here, he shares his views on why he still volunteers with us:

"Rather like the spiders web that the Founder of Chailey Heritage, Dame Grace Kimmins, is said to have woven to "encourage" the great and the good to support her desire to help less fortunate young people, so I suppose that I too was sucked into the Chailey family. Initially this was through my contact with the Chailey Heritage Scouts when I was scouting in Islington and the City of London when we linked Chailey Heritage Scouts with both those at Great Ormond Street Hospital and others in the same Scout District.



I enjoyed the challenge of working with less able Scouts and as many of the Leaders at Chailey were also staff members, I soon found myself travelling down to East Sussex to volunteer at weekends on a very informal basis on one of the Units at Chailey Heritage. This soon led to my becoming a registered NHS volunteer, subsequently transferring to the School when they took over the residential accommodation.

So why have I continued to volunteer? For me the challenge to myself is still there, but aside from what I can give to CHF, it is what I get back from working in such an amazing establishment with dedicated and selfless staff that probably means more to me. I really do enjoy supporting the work at CHF and I also get to do many fun and interesting things. Most of all though, I can not only feel of value but

definitely feel valued, something that I believe that CHF is very good at doing.

In my life supporting CHF in a variety of ways is very important to me and I hope to continue to support CHF for many years to come."

We'd like to take this opportunity to thank Ian for all his help over the years and for his continued support.

Become a Lead Volunteer

If Ian's words inspired you to lend a hand by becoming a volunteer at Chailey Heritage Foundation, we have a brand new role just for you!

As a Lead Volunteer, you will be supporting our small fundraising team by attending community events on our behalf. We are increasingly being invited to a range of interesting events and challenges to raise money for Chailey Heritage Foundation.

The role is extremely flexible and can fit around a busy life. You can commit to as many events as you like, with a minimum of two per year.

Volunteering is a great way to gain new skills and experiences whilst achieving a sense of satisfaction in knowing you are helping others and making a difference.

In this role, your main duties will be:

- Supporting the Fundraising team at various events
- Working with the general public to raise funds and awareness of Chailey Heritage Foundation
- Meeting a variety of people and encouraging them to support us
- Promoting volunteer opportunities within the fundraising team

We are looking for sociable, self-motivated and enthusiastic individuals who have:

- The ability to travel—car owner
- A passion for fundraising
- Great organisational skills

If this sounds like the perfect role, we'd love to hear from you!

Please email volunteering@chf.org.uk or visit www.chf.org.uk/vacancies for more information.

Please note: an application form is required to be completed upon application of this role. On receipt of completed application form, applicants will be invited to an informal interview. A DBS check (previously known as CRB) will also be required.



Challenge Complete!

During our gym sessions in the Life Skills Centre, we have been busy setting goals for our gym users.

All of our gym users are given a programme of exercises, with the support of fitness instructors, Dan and Charles.

Everyone has three goals which vary depending on their individual programme.

One of our regular gym users, Kathryn, has done an incredible job and reached all of her targets. These were:

- 1) 2K sprint in 5 minutes on a bike at resistance level 5.
- 2) Completing 80 high knee raises in 90 seconds.
- 3) Completing 12 repetitions of the Lat-Pull Down on weight 12.5KG.

Well done Kathryn, you've done a fantastic job! For more information about our gym, please visit www.chf.org.uk/futures-life-skills-centre



Bowling Bonanza

Recently, the class of St Martin's 2 enjoyed a trip to Bowlplex in Brighton. Lots of skills were put to the test including perseverance to push the bowling ball down the ramp, choosing which colour ball to use and some even tapped into their physical skills to stand up at the ramp.

All in all, the pupils really enjoyed their day out! You can watch a video of all the fun on our website:

www.chf.org.uk/m2-bowling

Trips like these are only possible because of your support. Your donations have helped to fund our fleet of wheelchair accessible vehicles, which mean that along with dedicated volunteer drivers like Ian (featured on page 5), we can transport the young people around.



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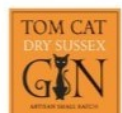
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Focus 10K



We're delighted to bring you Chailey Heritage Foundation's first-ever running event!

Join us on the 3rd June 2018 for our brand new running event. Take part in our 10K, 5K or Kid's Mini Mile and help raise funds for children and young people with complex disabilities and health needs.

The event is taking place at the stunning Borde Hill Garden near Haywards Heath, with a route that has never been run before. It is set to be an off-road trail run with a few hills to challenge you. The course will be chip timed.

On the day, the race village will include hot food and drinks, face painting and even a bouncy castle. It's set to be a great day out for the whole family!

Timings for the race are 10am for the Mini Mile and 10:30am for both the 5K and 10K races. Race numbers will be available to collect in the race village at 9am.

For a limited time only, early bird prices cover all tickets:

- Kids Mini Mile - £5
- 5K - £10
- 10K - £15



Purchase your tickets at www.runchaileyheritage.org.uk and take advantage of the early bird offer before it closes! Technical t-shirts are also available via the ticketing site. Sizes range from S-XL.

We'd like to take this opportunity to thank Focus Group for sponsoring the 10K race. Also, a big thank you to E3 Events, McKenzie Associates, Gemini Print and Borde Hill Garden. Without you all, this event wouldn't have become a reality.



Upcoming Events

30th March	Haywards Heath Lions Swimarathon Now in its 35th year, we're raring to go again with this fantastic event! Please support Jeremy and the Chailey Dolphins Team. www.chf.org.uk/event-swimarathon
12th April	Sussex Gin & Tonic Tasting Folkington's are organising an evening of gin tasting and fundraising, in aid of Chailey Heritage Foundation. Tickets cost £20. To book, visit: www.chf.org.uk/tickets
15th April	Brighton Marathon We have five people running in this amazing event. To support them visit www.chf.org.uk/event-brighton-marathon
28th-29th April	Wolf Run—Spring Wolf We're official charity partner for the new Sussex location of this 10K obstacle courses. To take part visit www.thewolfrun.com/springwolf or if you'd like to volunteer on the day email fundraising@chf.org.uk
26th May	London 2 Brighton Challenge Lorraine is taking place to raise money for Futures residences, where her son Charlie lives. To support her visit www.chf.org.uk/event-london-2-brighton
3rd June	Focus 10K Join us for our inaugural running event, at Borde Hill Garden. Whether you take part in the 10K, 5K or Kids Mini Mile, all funds will go towards the D.R.E.A.M. Centre. Visit: www.runchaileyheritage.org.uk
3rd June	Burgess Hill Bike Ride We've been chosen as the main charity for this incredible event, Take on 10 miles, 25 miles or 40 miles. For more info, visit: www.burgesshillbikeride.co.uk
23rd June	Midsummer Ball—A Night of Nashville A dazzling evening of music, food and fundraising! Join us at this boot tapping event and help raise funds for 4 local children's charities. Tables of 10 cost £950. Visit: www.dmthomasfoundation.org/events/nashville
1st July	DiversiFest We're thrilled to be one of the chosen charities for this brand new event. Join us for an afternoon of music, fun and dance, inclusive for children with disabilities whilst encouraging their mainstream peers to join the fun also! For more information, visit: www.diversifest.co.uk
26th August	The Lamb Vintage & Prestige Car Day Come along to a fantastic day for all the family. We have been chosen as one of the beneficiary charities. To find out more, visit: www.lambpilotdown.co.uk



Would you like to be the first to hear about our news, appeals and events?

With so much more happening and lots of interesting events to choose from, we'd love for you to stay up-to-date via our e-newsletter. It's simple to sign up and you can unsubscribe at any time. Visit: www.chf.org.uk/contact-us



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New Website!

We're very excited about our brand new website.

Take a look around and let us know what you think:
www.chf.org.uk/website-feedback



Brighton Half Marathon

We were very lucky to have a team of nine this year for the Brighton Half Marathon in February. Eight of the team are staff from Chailey Heritage Foundation and Chailey Clinical Services, and one is a mum to one of our pupils.

Despite battling freezing temperatures and strong winds along Brighton's seafront, all our runners persevered and finished the half marathon in good time.

So far, the team has raised more than £4,200 altogether!

A huge well done and big thank to the team. You are all amazing!



Meet Our Donkeys

Our donkeys Joe and George arrived from The Donkey Sanctuary just before Christmas. Thank you to Buxted Construction for their donation towards a new field shelter. They are settling in nicely now!