

Aquamovers is a fun and dynamic weekly group for children aged between 1 and 5 years old, with complex additional needs. Led by a Paediatric Physiotherapist and a Speech and Language Therapy Practitioner, the sessions include:

- Therapy-focused play on mats
- Sensory story & songs
- Therapy-focused play in the hydrotherapy pool
- Opportunity to socialise with other families in similar situations



We've felt less isolated by coming to Aquamovers. When Jothi tried swimming, it was the first time he had a chance to do something independently which is amazing and beautiful to watch.

Kate, Jothi's Mum



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www.chf.org.uk/aquamovers