

## Moving On – Personal Stories

Henry left school in July 2018, and moved to Shinewater Court in Eastbourne, East Sussex. Shinewater is a purpose built accommodation centre for adults with disabilities. Independent living is encouraged, with lots of emphasis on the development of living skills, confidence building, and personal care skills. Henry is really enjoying his life at Shinewater as he has the chance to take part in exercise, get out into the community regularly and to make new friends. Henry's mother, Sharon, said it was difficult at first, as Henry made the move into adult services but she is happy to report that Henry is now 'loving it' and that his life at Shinewater is 'amazing!'

Ruben moved to National Star College in Cheltenham in September 2018. National Star is an independent specialist college rated 'Outstanding' by Ofsted (2018). They offer full and part-time, residential and day courses at their main site in Ullenwood, Cheltenham. Ruben's favourite subject at National Star is Creative Writing, and he particularly enjoys community work; he has volunteered at a shelter for the homeless. He spends two weeks at college at a time, living on site, with the option of increasing this to three weeks. Deborah has said that Ruben seems more independent now and is really enjoying his life at National Star.

Hannah moved on to Futures at Chailey Heritage Foundation after leaving school in July 2018. Hannah enjoyed school throughout her time there, and was accustomed to living in residential accommodation on site. Hannah now lives on site at Chailey Heritage and enjoys Art, Music, the Life Skills Centre, and visiting GK's Café. She takes part in trips and visits to different places in the community and she has regular opportunities to meet with her old friends from school. Hannah is living a full and varied life with the support of her friends and family, and the staff who know her well at Chailey Heritage Foundation.

Guy moved on to Adult Services in July 2018, after many years of attending Chailey Heritage School. Guy loved team games, social activities and having fun; he has been able to continue with all of these things now that he is living on site and is supported via the Futures facility. He regularly catches up with old school friends and visits places in the wider community frequently. He takes part in all kinds of activities in the Life Skills Centre. For Guy, Futures was the best option available to him and it has meant that he is able to lead an active and varied life with full support.

